

Massage General Health Questionnaire:

Name:			Date:
1. Do you have any heart problems?	Yes	No	
2. Do you have any thyroid problems?	Yes	No	
3. Do you have HIGH or LOW blood pressure?	Yes	No	
4. Are you currently taking any medications? If yes, please	list		
5. Have you been diagnosed with arthritis?	Yes	No	
6. Do you have diabetes?	Yes	No	
7. Do you have or ever had cancer?	Yes	No	
8. Have you ever broken a bone?	Yes	No	
9. Do you have any metal fixations, plates, screws, etc.?	Yes	No	
10. Do you have any skin infections?	Yes	No	
11. Do you have any abdominal problems, ie. hernia, ulcer?	Yes	No	
12. Have you had any previous surgeries (please list)	Yes	No	
13. If female, are you or could you be pregnant?	Yes	No	
14. Have you been involved in a previous car accident?	Yes	No	
If yes, date:			
15. Do you have any allergies, irritations, infections, etc?	Yes	No	
16. Do you have asthma or any respiratory problems?	Yes	No	
17. Do you have any other health problems not listed above	? Yes	No	
18. Are there any other reasons that you should not do	Yes	No	
physical activities?			
19. Emergency contact person: l	Phone N	Numb	er:
Client's Signature:			